Creams – Cineworld Menu

Allergens & Calorie Declaration and Matrix

Due to the nature of our business **we cannot** guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination

It is important to inform our team of any allergies, intolerances or dietary requirements before placing your order in our café's or online/via an app. Not all ingredients are listed on the menu. While we have processes in place to prevent cross contamination, we cannot guarantee the total absence of allergens in our dishes due to the open nature of our cafes, in particular allergens such as **gluten**, **tree nuts, peanuts, soya and milk** due to their frequent use. Detailed information on the fourteen legal allergens is provided below, including "may contain" information from our suppliers, however we are unable to provide information on other allergens

E110 (Sunset Yellow FCF) is not classified as a major allergen under EU Regulation (EU) No 1169/2011 or U.S. FDA allergen labeling requirements. However, as it may be found in used ingredients, it is important to us to make you aware of the use, as individuals sensitive to azo dyes may experience adverse reactions.

Please locate the dish you want to order in the column on the left '*Category*' and then match with the allergens in the columns to the right to find what allergens your dish contains and/or may contain. Also calorie information is found in the second column next to each dish.

Although our team members are aware of our allergens, we occasionally change our recipes, therefore the most up-to-date allergen declaration is available below

Version – 13 Oct 2026

GELATO & SORBETS

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites in Concentrations > 10mg/kg(10mg/L)	Tree Nuts
Gelato	239	Cherry Choc Chunk		May Contain		May Contain			Contains			May Contain		Contains		May Contain
	112	Bubblegum Blue Gelato		May Contain		May Contain			Contains			May Contain		May Contain		May Contain
	129	Chocolate Chip Gelato		May Contain		May Contain			Contains			May Contain		Contains		May Contain
	135	Creams Bueno		May Contain		May Contain			Contains			May Contain		Contains		Contains HAZELNUT
	124	Creams Vanilla Gelato		May Contain		May Contain			Contains			May Contain		May Contain		May Contain
	127	O-RE-O Gelato		Contains WHEAT		Contains			Contains			May Contain		Contains		May Contain
	117	Pistachio Gelato		May Contain		May Contain			Contains			May Contain		May Contain		Contains
	136	Salted Caramel Gelato		May Contain		May Contain			Contains			May Contain		Contains		May Contain
	118	Strawberry Gelato		May Contain		May Contain			Contains			May Contain		May Contain		May Contain
Sorbet	85	Chocolate Absolute		May Contain		May Contain			May Contain			May Contain		May Contain		May Contain
	91	Alphonso Mango Sorbet		May Contain		May Contain			May Contain			May Contain		May Contain		May Contain
	81	Raspberry Sorbet		May Contain		May Contain			May Contain			May Contain		May Contain		May Contain
Cones	430	Waffle Cone Small		Contains WHEAT					Contains					Contains		
	430	Waffle Cone Medium		Contains WHEAT					Contains					Contains		
	460	Chocolate Waffle Cone Small		Contains WHEAT					Contains					Contains		May Contain
	468	Chocolate Waffle Cone Medium		Contains WHEAT					Contains					Contains		May Contain
Wafer	10	Creams Wafer		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain

SCOOPS & SHAKES

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Tree Nuts
Scoop Shakes	329	Regular Base							Contains							
	562	Large Base							Contains							
	84	Bubblegum Blue Gelato		May Contain		May Contain			Contains			May Contain	May Contain	May Contain		May Contain
	286	Reg Cherry Chocolate Gelato														
	429	Lg Cherry Chocolate Gelato		May Contain		May Contain			Contains					Contains		May Contain
	101	Creams Bueno		May Contain		May Contain			Contains			May Contain		Contains		Contains HAZELNUT
	92	Creams Vanilla Gelato		May Contain		May Contain			Contains			May Contain		May Contain		May Contain
	92	Chocolate Chip Gelato		May Contain		May Contain			Contains			May Contain		Contains		May Contain
	95	O-RE-O Gelato		Contains WHEAT		Contains			Contains			May Contain		Contains		May Contain
	88	Pistachio Gelato		May Contain		May Contain			Contains			May Contain		May Contain		Contains PISTACHIO
	102	Salted Caramel Gelato		May Contain		May Contain			Contains			May Contain		Contains		May Contain
	88	Strawberry Gelato		May Contain		May Contain			Contains			May Contain		May Contain		May Contain
Add Whipped Cream	63	Whipped Cream							Contains							
Plantbased Shakes	86	Regular Base												Contains		
	86	Large Base												Contains		
	Select from below matching scoops of sorbet used to create your shakes with the above bases.															
	80	Alphonso Mango Sorbet		May Contain		May Contain			May Contain			May Contain		May Contain		May Contain
	96	Chocolate Absolute		May Contain		May Contain			May Contain			May Contain		May Contain		May Contain
	79	Raspberry Sorbet		May Contain		May Contain			May Contain			May Contain		May Contain		May Contain

CHURRO STICKS

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites in	Tree Nuts
CHURRO STICKS	415	White Chocolate Sauce		Contains WHEAT		May Contain			Contains		May Contain	May Contain	May Contain	Contains		May Contain
	415	Milk Chocolate Sauce		Contains WHEAT		May Contain			Contains		May Contain	May Contain		Contains		May Contain
	415	Toffee Sauce		Contains WHEAT		May Contain			Contains		May Contain	May Contain		May Contain		May Contain

STUFFED PANCAKE BITES

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites in Concentrations >	Tree Nuts
STUFFED PANCAKE BITES	415	Pancake Bites		Contains WHEAT	May Contain	Contains			Contains					Contains		Contains

SUNDAES

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites in Concentrations > 10mg/kg(10mg/L)	Tree Nuts
Soft Swirled Sundae	718	O-RE-O Overload		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain
	556	Berry Slice		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain
	634	Bubblelicious		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain
	745	Chocolatier		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain

GOO BAKES

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphite	Tree Nuts
GOO BAKES	950	Choc Caramello		Contains WHEAT		Contains			Contains			May Contain		Contains		May Contain
	989	Pistachio Milk Chocolate		Contains WHEAT		Contains			Contains			Contains		Contains		Contains
	985	White Choc and Blueberry		Contains WHEAT		Contains			Contains			May Contain	May Contain	Contains		May Contain

SOFT SWIRL SUNDAES

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites in Concentration	Tree Nuts
Soft Swirl Sundaes	351	Lemon and Strawberry Eton Mess		Contains WHEAT		Contains			Contains					Contains		May Contain
	439	Raspberry Rippletto		Contains WHEAT & Oats		Contains			Contains			Contains		Contains		Contains
	515	S'mores		Contains WHEAT & OATS		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain
	297	Strawberry and Chocolate		Contains WHEAT		Contains			Contains					Contains		Contains

SUNDAES

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites in Concentrations > 10mg/kg(10mg/L)	Tree Nuts
Soft Siwrled Sundae	718	O-RE-O Overload		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain
	556	Berry Slice		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain
	634	Bubblelicious		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain
	745	Chocolatier		Contains WHEAT		Contains		May Contain	Contains		May Contain	May Contain	May Contain	Contains		May Contain

TOPPINGS

Category	KCAL	Product name	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites in Concentrations > 10mg/kg(10mg/L)	Tree Nuts
Toppings	128	Topping - Hard Shell Sauce							May Contain					Contains		
	72	Whipped Cream							Contains							
	109	White Chocolate Curls							Contains					Contains		
	113	White Chocolate Sauce							Contains			May Contain	May Contain	Contains		May Contain
	20	100s + 1000s														
	16	Blue Bubblegum Sauce														
	50	Crushed Meringue				Contains										
	96	Crushed Oreo Cookies		Contains WHEAT					May Contain					Contains		
	58	Lemon Curd Sauce				Contains										
	109	Milk Chocolate Curls							Contains					Contains		
	112	Milk Chocolate Sauce							Contains					Contains		May Contain
	17	Mini Marshmallows							May Contain					May Contain		
	22	Raspberry Ku-li Sauce														
	57	Strawberry Sauce														
	8	Strawberry Slices														
	61	Toffee Sauce							Contains							